










Beyond Recycling

zero|waste

Multi-Family Recycling Guide

Recycling the following materials is mandatory in the Regional District of Nanaimo. Your building or complex may accept additional items for recycling. Check the signage on the recycling containers or ask your manager for details.







PAPER PRODUCTS

Boxboard packaging: cereal, soap, shoe boxes etc., 	Catalogues Junk mail 	Envelopes 	Fibre egg cartons 
Magazines 	Office and computer paper 	Paper bags 	Phonebooks 
Please check: Plastic liners are removed Paper is clean and dry	NO Books, soiled paper, drink boxes, or paper with waxed coatings, plastic or foil lamination NO tissues, paper towels, waxed, baking, parchment paper, or pizza boxes		
Small pieces of corrugated cardboard Corrugated cardboard boxes 	Please check: Boxes are flattened NO waxed or coated boxes or non-corrugated boxes		

NEWS PRINT

Newspapers, flyers and inserts 	Please check: NO books or soiled newspaper
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HOUSEHOLD CONTAINERS

Plastic condiment bottles: ketchup, relish, mayonnaise etc. 	Plastic cosmetics, medicine bottles: shampoo, mouthwash, vitamins etc. 	
Plastic dish soap and laundry detergent bottles 	Plastic food containers: margarine, yogurt, peanut butter etc. 	Plastic milk jugs 
Please check: Containers are rinsed with no food or other residue NO foam plastic (Styrofoam) NO containers that held chlorine or ammonia-based products, motor oil containers, metal bottle lids or caps, spray nozzle heads and metal attachments. NO plastic bags		
Food and beverage cans and lids Aluminum foil containers and trays 	Please check: Containers are rinsed with no food or other residue NO metal pots NO plastic or paper laminated with foil such as, chip bags, or dog food bags NO tetra paks	



Please note: Beverage containers should be returned for deposit at participating retail stores or Return-It Depots. For details, visit www.encorp.ca or call 1-800-330-9767.



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FOR MORE INFORMATION CONTACT : RDN Solid Waste Services
250-390-6560 or 250-954-3792 | Email: zerowaste@rdn.bc.ca | www.rdn.bc.ca

A partnership of the Regional District of Nanaimo and its member municipalities –Nanaimo, Lantzville, Parksville and Qualicum Beach.

